Executive Officer’s Message

Welcome to the first issue of the UNBI’s newsletter and introduction to our newly revamped website: unbi.org!

The UNBI was formed by a grass roots movement during the late 1960’s by Andrew Nicholas, Engineer, Village of Nashwaaksis; Harold Sappier, School Bus Driver, St. Mary’s; Elsie Paul, St. Mary’s and Douglas Atwin, Carpenter, St. Anne Indian Reserve, Kingsclear. They applied for a Charter under the “COMPANIES ACT” constituting them and such others who may become Members in the Union of New Brunswick Indians, a body Corporate and Politic serving all 15 First Nation communities. During the mid-1980s, the Chiefs of New Brunswick formed a board of directors to supervise the activities of the UNBI.

Over the years we have striven for opportunities for our people to be gainfully employed, to re-acquire our lost lands, to be better educated, to develop economically and to educate non-aboriginals on our aspirations. People tried to change us. Today, though, I find that we have a different leadership - a different feeling of pride - and we’re asserting ourselves. So let’s celebrate the accomplishments of our people and continue to develop their vast potential!
Map of New Brunswick First Nation Land Parcels
Organization Chart & Directory

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Industrial Alliance, the custodian for the Multi-Employer Pension Plan for the UNBI Employees, are celebrating their 125th anniversary. As part of their celebrations they are having contests for their clients. No purchase is required. To enter, you just have to complete the entry form on https://125.ia.ca/travel-contest from March 6, 2017 at 9 am up until December 14, 2017 at 11:59 pm.

The draws will be held at three (3) separate times in the year, i.e. May 5, 2017, at 12 pm; September 15, 2017, at 12 pm; and December 15, 2017, at 12 pm. The winners will be announced one week after the respective draws.

**PRIZES**

Three dream destinations travel packages for two, at a value of $12,500 each.

Good Luck!!
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- **National Aboriginal Youth Suicide Prevention Strategy**
- **First Nations Information Governance Centre**
- **First Nation Regional Health Study:** Hazel Atwin
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- **Non-Insured Health Benefits (NIHB) Program**
Aboriginal Diabetes Initiative (ADI)
Community Consultant Shelly Francis, RN

Type 2 diabetes is a health concern among Canada's First Nations and Inuit. First Nations on reserve have a rate of diabetes three to five times higher than that of other Canadians. The national Aboriginal Diabetes Initiative (ADI) Program at the Union of New Brunswick Indians was established in 2000 to address the alarming rates of Type 2 Diabetes among First Nations communities.

**GOAL**
Reduce Type 2 Diabetes among Aboriginal people by supporting:
- Health promotion
- Primary prevention activities
- Services delivered by trained community diabetes workers & health service providers

**INITIATIVE**
To deliver a range of primary prevention, screening and treatment programs in partnership with First Nation Communities, Tribal Councils, First Nations organizations, Inuit community groups and Provincial and Territorial governments.

**SUPPORTS**
- prevention,
- health promotion,
- screening and
care management initiatives

These programs are community-based and culturally appropriate. Through these activities, the ADI supports prevention, health promotion, screening and care management initiatives that are community-based and culturally appropriate.

**ENHANCED INITIATIVES FOR CHILDREN, YOUTH, PARENTS AND FAMILIES**
- Diabetes in pre-pregnancy and pregnancy;
- Community-led food security planning to improve access to healthy foods, including traditional and market foods;
- Enhanced training and support for health professionals on clinical practice guidelines and chronic disease management strategies.

**2015 Champions of ADI Walking Challenge**

Grade 5 Students at Chief Harold Sappier Memorial Elementary School
St. Mary's First Nation
<table>
<thead>
<tr>
<th>Organization</th>
<th>Name</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Diabetes Community Consultants</td>
<td>Shelly Francis</td>
<td>506-458-9444</td>
</tr>
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<td>Certified Diabetes Educators</td>
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<tr>
<td>Union of NB Indians</td>
<td>Ann Gottschall</td>
<td>902-863-8455</td>
</tr>
<tr>
<td>Union of NS Indians</td>
<td>Laurie Ann Nicholas</td>
<td>506-461-2965</td>
</tr>
<tr>
<td>MAWIW Inc.</td>
<td>Kayla Thomas</td>
<td>902-890-0601</td>
</tr>
<tr>
<td>Confederacy of Mainland Mi’kmaq</td>
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Metepenagiag School Students Complete Chef’s Toolkit Cooking Classes 2015
Aboriginal Head Start (AHS)
Program Coordinator, Atlantic Canada Marie Levi-Gorman

Objectives

1. Collaborate with First Nations, Inuit, governments, and community partners in the regions to improve the coordination of and access to maternal and child health and healthy child development programs and services

2. Aid the development, delivery and management of culturally appropriate programs, services and initiatives for First Nations living on-reserve and Inuit living in Inuit communities, providing increased support for women and families with young children from preconception through pregnancy, birth and parenting by:
   - supporting the spiritual, emotional, intellectual and physical growth of the children living in the Atlantic Region
   - supporting and encouraging each child to enjoy lifelong learning
   - supporting parents and guardians as the primary teachers and care givers of their children
   - helping parents to play a major part in planning, developing, implementing and evaluating the project
   - recognizing and supporting the role of the extended family in teaching and caring for children including the broader First Nations community throughout all of its stages, from planning to evaluation
   - ensuring linkages and cooperation with other community programs and services to enhance the effectiveness of the projects
   - ensuring resources are used in the best way possible in order to produce measurable and positive outcomes for children living in the Atlantic Region, as well as their parents, families and communities

Six Components:

Culture and Language
Education
Health Promotion
Nutrition
Social Support
Parent and Family Involvement
AHSOR Coordinators & Associates

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10-Year Plan 2013-2023
Providing a path forward to assist staff, at all levels, anticipate and respond to the complex and changing health needs and challenges of First Nations and Inuit.

**Vision**
A continuum of home and community care services that are comprehensive, culturally safe, accessible, effective, and equitable to that of other Canadians and which respond to the unique health and social needs of First Nations and Inuit.

**Principles**

- Holistic Wellness
  - Respectful of both traditional and contemporary approaches to healing and wellness
- Communally-centered
  - Delivered in consideration of community priorities
- Accessible
  - Available to those with assessed need
- Quality
  - Evidenced-informed, integrated quality
- Supportive
  - Supportive of individual, family and community
- Sustainability
  - Sustainable funding and continuous care

**Objectives**
1-) To build capacity within First Nation communities in N.B. & P.E.I to plan, develop and deliver comprehensive, culturally-sensitive, accessible and effective home care services; and

2.) To provide coordination services for First Nation communities in N.B. & P.E.I. that will allow the development of a H & CC Program which recognizes the need for culturally sensitive, integrated care services under First Nations control that will be appropriate, comprehensive, accessible, effective and equitable to that of other citizens of Canada
**Basic essential services provided:**

- A structured client assessment process
- Managed care process
- Home care nursing services
- Personal care services
- In-home respite
- Linkages with other professional and social services
- Provision of and access to specialized medical equipment and supplies
- Capacity to manage the delivery of the HCCP in a safe and effective manner
- System of record keeping and data collection


**Professional Associations**

Linkages continue to be developed with:

- Atlantic FNIHB departments:
  - Nursing
  - Non-Insured Health Benefits Program (NIHB)
  - Aboriginal Diabetes Initiative (ADI)
- Atlantic Policy Congress of First Nations Chiefs Secretariat (APCFNC) Elder Care Working Group (ECWG)
- The Alzheimer Society of New Brunswick’s
- Canadian Mental Health Association of New Brunswick
- Disability Coalition
- Government of New Brunswick
  - Department of Health
  - Regional Health Authorities (RHA)
  - The New Brunswick Extra Mural Program to address the gaps that exist re: roles & responsibilities; policies
  - The New Brunswick Adult Protection Program
- Indigenous and Northern Affairs Canada
- MAWIW Council Inc.
- National FN partners through the Assembly of First Nations (AFN)
- Smith & Nephew in Advanced Wound Management products

**Policy Statement**

The FNIHCCP is not funded for and is not intended to provide 24/7 care. A key objective is to assist clients and their families in participating in the development and implementation of the client’s care plan to the fullest extent and to utilize community support services where available and appropriate in the care of clients. A client assessed as requiring 24/7 nursing and/or personal support care would indicate a higher level of care need which cannot be provided by this program. In collaboration with the client and family, the FNIHCCP program can assist the family in developing options for care and linkages with other health care delivery services that may be available.
Work Plan 2016-17
As in past years, UNBI will work with each of its twelve First Nation communities (Madawaska, Eel Ground, Metapeneagiag, Bouctouche, Kingsclear, St. Mary’s, Pabineau, Fort Folly, Woodstock, Indian Island, Oromocto and Eel River Bar), to develop their teams and plan youth activities around suicide prevention. As you can well imagine, these are unique to each community as the community designs each aspect. Communities are encouraged to involve health professionals, educators, peace keepers and response personnel in their community teams and identify any skills/training that may be needed to strengthen their capacity. With respect to the youth activities under the NAYSPS, communities plan different gatherings for their youth.

Objectives
(1) Increase awareness and understanding of Aboriginal youth suicide prevention;
(2) Strengthen key protective factors such as a strong sense of identity, meaning and purpose, and resilience;
(3) Strengthen and facilitate collaborative approaches and linkages within and across governments, agencies and organizations;
(4) Develop and implement locally-driven suicide prevention plans in First Nations and Inuit communities;
(5) Improve and increase crisis response efforts to intervene more effectively in preventing suicide and suicide clusters following a suicide-related crisis in First Nations and Inuit communities; and
(6) Enhance knowledge development regarding what is known about what works in preventing Aboriginal youth Suicide.

If in Crisis, contact 24 hour emergency numbers:

Tele-care/Télé-soins: 8-1-1
CHIMO helpline: 1-800-667-5005
Kids Help Phone: 1-800-668-6868

OR

Go directly to the Emergency Department of the nearest hospital

Call 9-1-1
FNIGC is a First Nations non-profit operating with a mandate from the Assembly of First Nations. As the premier source of information about First Nations people living on reserve and in northern communities, FNIGC is committed to improving the health and well-being of people living in our 634 First Nations communities across the country. FNIGC recognizes that real change can come through sound policy-making, but only if it’s supported by quality information — information that is collected by First Nations people for First Nations people.

The First Nations Data Centre (FNDC)

The First Nations Data Centre (FNDC) is a knowledge exchange service of the First Nations Information Governance Centre (FNIGC). Located at FNIGC’s Ottawa office, the FNDC provides access to unpublished and record-level data from FNIGC’s respected survey work, including the First Nations Regional Health Survey (FNRHS, or RHS) and the First Nations Regional Early Childhood, Education and Employment Survey (FNREEES, or REEES). The first service of its kind, the FNDC offers data access to individuals pursuing academic research, policy development, and program planning and evaluation on a pay-per-use basis. The data cannot be used for commercial purposes. The goal of the FNDC is to encourage the dissemination and knowledge transfer of FNIGC’s First Nations data among researchers, academics, policy makers and other stakeholders. The FNDC’s services are available in person at FNIGC’s Ottawa offices or online at FNIGC.ca/FNDC, a website that includes an online application process for those looking to make use of data from the FNRHS (or the FNREEES, starting in spring 2016).

The First Nations Community Survey 2017

The First Nations Community Survey is being conducted in 330 randomly selected First Nations reserve and Northern communities, and will help communities better understand how real-world factors – like a safe clean water system, a youth centre, or a First Nations-run school – can have positive impacts on the well-being of First Nations people and the communities they live in. Designed as a complement to FNIGC’s First Nations Regional Health Survey (FNRHS) and First Nations Regional Early Childhood Education and Employment Survey (FNREEES), the results from the survey will provide a more holistic picture of the various issues affecting First Nations communities and provide First Nations people the ability to examine the relationship between community-level factors and individual well-being.
First Nations Regional Early Childhood, Education & Employment Survey (FNREEES)

Coordinator Hazel Atwin

A new report released July 2016 by the FNIGC provides unprecedented and exceptional insight into a wide range of early childhood, education and employment factors affecting life on First Nations reserve and Northern communities across Canada. 

*Now is the Time: Our Data, Our Stories, Our Future*, The National Report of the FNREEES is the culmination of a landmark five-year survey process conducted by FNIGC, the premier source of information about First Nations people and communities, and its Regional Partners. The most technically complex survey in FNIGC’s history, the report of the FNREEES shows strong associations between the importance First Nations people place on language, culture and family, and the educational, employment, health, and well-being outcomes in their communities.

The Non-Insured Health Benefits (NIHB) Program provides coverage to registered First Nations and recognized Inuit to support them in reaching an overall health status that is comparable with other Canadians. The NIHB Program provides coverage for a limited range of medically necessary goods and services to which these clients are not entitled through other plans and programs. In cases where a benefit is covered under another plan, the NIHB Program will act to coordinate payment of eligible benefits. It is the Government of Canada’s position that current health programs and services including Non-Insured Health Benefits are provided to First Nations and Inuit on the basis of national policy and not due to any constitutional or other legal obligations. First Nations assert that health benefits are an Inherent Aboriginal and Treaty Right and are constitutionally protected.

A Guide for First Nations to Access Non-Insured Health Benefits
Aboriginal Natural Resources
Acting Liaison Rick Perley

Mandate

The Aboriginal Natural Resource Committee will monitor, assess and advise on the development and use of natural resources in New Brunswick. Natural resources shall include all renewable and non-renewable resources such as trees and plants, soil, water, animals, fisheries, minerals, hydro-carbons and energy.

The primary responsibility of the Committee shall be to protect, preserve and promote the Aboriginal people while at the same time exploring and monitoring development, conservation, employment and business opportunities in connection with the development of natural resources. To this end the Committee shall carry out the following specific tasks:

1. Development liaison opportunities with companies and federal or provincial government departments and agencies operating in the natural resources sector.
2. Monitor all regulatory processes governing the development and exploration for natural resources.
3. Explore potential business opportunities through independent or co-venture or partnership arrangements.
4. Develop training programs and employment opportunities related to natural resources development.
5. Advise staff on developing a working relationship with government departments and agencies and private or public corporations.
6. Assist in and monitor negotiations with government departments and agencies and private or public corporations with a view to maximizing benefits for our people.
Nuclear Waste Management Organization Update

In 2016 Laurie Swami became President and CEO of the Nuclear Waste Management Organization (NWMO). Since that time there have been reported changes in the operating processes at NWMO. These changes have caused delays in our negotiations for a renewal of our agreement since our last one concluded in June 2016. We are hopeful to have a new agreement in place for April 2017.

NWMO Council of Elders and Youth

Mission

-To provide advice to the NWMO that will help protect and preserve all creation: air, land, fire, water, plants, medicines, animals and humankind
– Guided by seven universal teachings of love, trust, sharing, honesty, humanity, respect and wisdom.

Those representing New Brunswick are Elder Donna Augustine (Rexton, NB) and Youth Madison Levi (Metepenagiag Mi’kmaq Nation, NB). There has been no Maliseet Elder representation on the council since Elder Leslie Perley’s term expired in August 2016. Since any spent fuel that will be transported from Point LePreau Nuclear Generating Station will be transported through Maliseet territory, UNBI is expressing concern to the NWMO that this position is not being supported.

NWMO Strategic Objectives 2017 to 2021

The NWMO will:
» Build sustainable, long-term relationships with interested Canadians and Aboriginal peoples of Canada, and involve them in setting future directions for the safe, long-term management of used nuclear fuel. Continue to adapt plans for the management of used nuclear fuel in response to evolving societal expectations and values, insight from Indigenous Knowledge, and changes in public policies;
» Implement collaboratively with communities the process to select a site suitable for locating the deep geological repository and Centre of Expertise in a safe location in an area with an informed, willing host;
» Conduct testing of the engineered-barrier system in order to demonstrate that it meets safety requirements, and can be produced effectively and efficiently;
» Advance planning and capabilities for the construction and operation of the deep geological repository and the associated Centre of Expertise at the site selected to host the project;
» Continuously improve technical knowledge in collaboration with universities and international partners, and adapt plans consistent with international best practices;
» Establish safe, secure and socially acceptable plans for transporting used nuclear fuel;
» Ensure funds are available to pay for the safe, long-term management of Canada's used nuclear fuel; and
» Maintain an accountable governance structure that provides confidence to the Canadian public in the conduct of the NWMO's work.
Contaminants Associated with First Nation Land Parcels
Nepisiquit River Basin (http://unbi.org/05-nepisiquit-river-basin)


The South Branch Nepisiquit River, with 62% of the land base covered in Crown forest less than 35 years old, is the most critically affected watershed in the province. The extent of young forest in that watershed can be contrasted with the adjacent low risk Portage Brook Composite watershed, for example, which contains only 12.5% young Crown forests.

Soil Samples taken by the UNBI Aboriginal Natural Resources IN: Environmental Contamination Related to Significant Health Issues among First Nations in New Brunswick

<table>
<thead>
<tr>
<th>Location Along Railroad</th>
<th>Lead (ppm)</th>
<th>Zinc (ppm)</th>
<th>Arsenic (ppm)</th>
<th>Copper (ppm)</th>
</tr>
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<tbody>
<tr>
<td>Between Pabineau + Brunswick Mines Crossing Rte430</td>
<td>1,890</td>
<td>5,670</td>
<td>46</td>
<td>197</td>
</tr>
<tr>
<td>Parallel to Rte430</td>
<td>1,180</td>
<td>1,850</td>
<td>26</td>
<td>197</td>
</tr>
<tr>
<td>Past Pabineau crossing Rte430</td>
<td>444</td>
<td>1,120</td>
<td>21</td>
<td></td>
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</table>
Heavy Metal Mining Activity Surrounding the Pabineau FN in northern New Brunswick.


Pabineau First Nation Land Parcel


The UNBI website is currently under construction. Check back often to see our progress, particularly on environmental contamination related to significant health issues among First Nations in New Brunswick!

www.unbi.org

22
The Controversy over Breast Feeding

There is agreement that all our bodies carry heavy contaminant loads from man-made chemicals.

There is agreement that breastfeeding is indispensable for human growth and development.

There is not agreement on the health effects of contaminants in breastmilk on infants & children.

Breastfed infants are considered to be at the very top of the food chain for the simple reason that their source of nourishment is other humans, who are already at the top of the food chain.

Persistent organic pollutants (POPs) all tend to become magnified in the food chain over time.

Breastfeeding infants are thus the final target of POPs.

Through mechanisms, known and unknown, breastfeeding has a positive impact on child health, since breastmilk strengthens the immune system. However, heavy loads of environmental contaminants may threaten the capacity to reproduce immune-strengthening breastmilk.

Visit the UNBI website at: http://unbi.org/contaminants-in-breast-milk to obtain more information.
UNBI Training Institute
Vice Principal Starla McDougall

Hello everyone! We are half way through our school year and are accepting applications for the ECE, PSW and LPN programs. Our current students are getting ready to start their practicums and are excited and eager to try out their new role as practitioners of their trade. Our students will be also taking part in Laughing Yoga with our own Shelley Francis (ADI) adding to their already existing and ever growing portfolio and experiences they gain from attending our programs!

Our next Graduation is set for July 27th 2017 @ 1:00pm

Visit our website @http://unbi.org/graduation-class-2016 to see friends & family from our 2016th Graduation Class! Congrats to everyone!!

Programs

Early Childhood Education Certificate & Diploma

Personal Support Worker Certificate & Diploma

Licenced Practical Nurse

Professional Development Workshops

For more information visit  http://unbi.org/programs
Atlantic First Nation Communities' Elder Support Groups

<table>
<thead>
<tr>
<th>Province</th>
<th>Program Available</th>
<th>Meeting time</th>
<th>Contact name &amp; Number</th>
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<tbody>
<tr>
<td><strong>PRINCE EDWARD ISLAND</strong></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>Abegweit</td>
<td>Yes</td>
<td>Monthly</td>
<td>Ashley Jadis (902) 676-3007 Ext. 224</td>
</tr>
<tr>
<td>Lennox Island</td>
<td>Yes</td>
<td></td>
<td>Marlene Maclennan (902) 831 2711</td>
</tr>
<tr>
<td><strong>NOVA SCOTIA</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Eskasoni</td>
<td>Yes</td>
<td></td>
<td>Sheila Morris (902) 379 2540</td>
</tr>
<tr>
<td>Glooscap</td>
<td>Yes</td>
<td>Monthly</td>
<td>Terrell Mudge (902) 684 9353</td>
</tr>
<tr>
<td>Membertou</td>
<td>Yes</td>
<td>Monthly</td>
<td>Gloria Nicholas (902) 564 6466</td>
</tr>
<tr>
<td>Millbrook</td>
<td>Yes</td>
<td>Monthly</td>
<td>Lavinia Brooks (902) 895 9468</td>
</tr>
<tr>
<td>Pictou Landing</td>
<td>Yes</td>
<td>Monthly</td>
<td>Kerlan Francis (506) 627 4633</td>
</tr>
<tr>
<td>Potlotek</td>
<td>Yes</td>
<td>&quot;Club 55&quot;</td>
<td>Chief Norman</td>
</tr>
<tr>
<td>Pictou Landing</td>
<td>Yes</td>
<td>&quot;IRS&quot; Group</td>
<td></td>
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<tr>
<td>Pictou Landing</td>
<td>Yes</td>
<td>&quot;IRS&quot; Group</td>
<td></td>
</tr>
<tr>
<td>Sipekne'katik</td>
<td>Yes</td>
<td></td>
<td>Loraine Etter (902) 758 2063</td>
</tr>
<tr>
<td>(Indian Brook)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Wagmatcook</td>
<td>Yes</td>
<td>No set time</td>
<td>Chief Norman</td>
</tr>
<tr>
<td><strong>NEW BRUNSWICK</strong></td>
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<td></td>
<td></td>
</tr>
<tr>
<td>Eel Ground</td>
<td>Yes</td>
<td>Monthly</td>
<td>Kerlan Francis (506) 627 4633</td>
</tr>
<tr>
<td>Eel River Bar</td>
<td>Yes</td>
<td>Monthly</td>
<td>Judy Labillois (506) 684 6334</td>
</tr>
<tr>
<td>Province</td>
<td>Program Available</td>
<td>Meeting Time</td>
<td>Contact name &amp; Number</td>
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</tbody>
</table>
| ELSIPOGTOG   | Yes               |              | Margaret Ann Milliea  
|              |                   |              | (506) 523 8200 Ext.4617     |
| ESGENOOPETITJ| Yes               | Weekly       | Contanace Mattalic  
|              |                   |              | (506) 779 5674                |
| KINGSCLEAR   | Yes               |              | Lynn Dunmar   
|              |                   |              | (506) 362 3028 Ext.103       |
| OROMOCTO     | Yes               | No set time  | Margaret Paul  
|              |                   |              | (902) 357 1027                |
| PABINEAU     | Yes               | Weekly       |                             |
| ST. MARY’S   | Yes               |              |                             |
| TOBIQUE      | Yes               | Monthly      | Qwen Bernard   
|              |                   |              | (506) 273 9315                |

**NEWFOUNDLAND**

<table>
<thead>
<tr>
<th>Province</th>
<th>Program Available</th>
<th>Meeting Time</th>
<th>Contact name &amp; Number</th>
</tr>
</thead>
</table>
| MIAWPUKEK    | Yes               | Weekly       | Maggie Johns  
|              |                   |              | (709) 882 2287                |
| NATUASHISH   | Unknown           |              | Kathleen Benuen  
|              |                   |              | (709) 478 8871                |
| SHESHATSHIU  | Yes               |              | Mary Jean Nui  
|              |                   |              | (709) 899 0879                |
UNBI Pipeline Scholarship

Through financial contributions provided by Maritimes Northeast Pipeline (M&NP), UNBI has developed a student award program designed to recognize the exceptional efforts of our members attending post-secondary institutions and an award for our students graduating from high school.

Eligibility: Maliseet or Mi’kmaq; a registered member of a UNBI community and are enrolled as full time students in the current academic year. Priority will be given to those on the Band nominal role (High School)) and are being funded through their respective Bands (Post-secondary).

High School: $500 will be awarded to qualifying students who are graduating in any given application year.

Post-Secondary: $1,000 will be awarded to qualifying students enrolled in a university, college, vocational or technical institute.

The New Brunswick Free Tuition Program

The Free Tuition Program (FTP) is designed to help post-secondary students by providing more upfront bursary funding to students from families with the greatest financial need so that they may graduate with less debt, and increasing affordability and access for New Brunswick student financial assistance recipients choosing to attend a public college or university located in New Brunswick.